



YOU FIRST HEALTH SYSTEMS

Dear Mental Health Professional,

Attached is the Referral Form required to receive PRP services from You First Health Systems. The following is required to complete the application process:

- Completed Referral Form
- Medical Records providing a psychosocial and diagnostic summary
- Results of a physical completed within the last year

Please fax the above information to (240) 547-0525. Upon its receipt, I will contact you to schedule an intake appointment. Please feel free to contact me at 301-329-0177 or email [info@youfirsthealthsystems.com](mailto:info@youfirsthealthsystems.com) with any questions. I look forward to working with you.

Sincerely,

You First Health Systems

Intake Coordinator



# You First Health Systems

Psychiatric Rehabilitation Program  
 4325 Forbes Boulevard, Suite E, Lanham, MD 20706  
 Email: info@youfirsthealthsystems.com  
 Phone: 301-329-0177  
 Fax: 240-547-0525

## Psychiatric Rehabilitation Program Referral Form

### CLIENT INFORMATION:

|   |  |   |  |  |  |
|---|--|---|--|--|--|
| <b>Client Name:</b>                         |  | <b>Date of Birth:</b>                                   |  | <b>Age:</b>  |  |
| <b>Street Address:</b>                      |  | <b>Social Security #:</b>                               |  | <b>Sex:</b>  | <input type="checkbox"/> Male<br><input type="checkbox"/> Female |
| <b>City, State, Zip:</b>                    |  | <b>Medical Assistance #:</b>                            |  |  |  |
| <b>Phone #:</b>                             |  | <b>Access to transportation for On Site Activities:</b> |  | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| <b>Parent/Guardian/<br/>Caregiver Name:</b> |  | <b>Relationship:</b>                                    |  |  |  |
| <b>Address (If different)</b>               |  | <b>Does the Contact Person have Legal custody?</b>      |  | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| <b>City, State, Zip</b>                     |  | <b>Phone Number:</b>                                    |  |  |  |

### DSM V DIAGNOSIS: (Must have a behavioral diagnosis and be referred by a Licensed MH Professional to be eligible for PRP)

|   |  |   |                     |        |
|---|--|---|---------------------|--------|
| <b>Behavioral Diagnoses:</b><br>(Required)                | <b>Diagnosis Code:</b>   |   | <b>Description:</b> |        |
|   | <b>Diagnosis Code:</b>   |   | <b>Description:</b> |        |
|   | <b>Diagnosis Code:</b>   |   | <b>Description:</b> |        |
| <b>Social Elements Impacting Diagnosis:</b><br>(Required) | <input type="checkbox"/> None <input type="checkbox"/> Education <input type="checkbox"/> Financial <input type="checkbox"/> Access to Health Care <input type="checkbox"/> Legal System/Crime <input type="checkbox"/> Primary Support <input type="checkbox"/> Housing<br><input type="checkbox"/> Occupational <input type="checkbox"/> Social Environment <input type="checkbox"/> Homelessness <input type="checkbox"/> *Other Psychosocial & Environmental <input type="checkbox"/> Unknown<br>*Explain Other Psychosocial & Environment elements: |   |                     |        |
| <b>Source of Diagnosis:</b>                               |  | <b>Functional Assessment</b><br>(If applicable) | Measured used:      | Score: |

|   |   |
|---|---|
| <b>Current Medication</b> (Include dosage and frequency or attached med sheet): |   |
| <b>Risk for Aggressive Behaviors, Suicide, or Homicide</b> (explain):           |   |
| <b>Criminal History</b>   | <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, explain: |

### REASON FOR REFERRAL: (Indicate the areas you want the PRP to address)

|   |  |
|---|--|
| <input type="checkbox"/> <b>Self Care Skills</b><br>(Check all that apply)                | <input type="checkbox"/> Personal hygiene/grooming <input type="checkbox"/> Dressing self <input type="checkbox"/> Toileting <input type="checkbox"/> Nutrition/dietary planning<br><input type="checkbox"/> Food preparation <input type="checkbox"/> Following routines (bed, school) <input type="checkbox"/> Self administration of meds   |
| <input type="checkbox"/> <b>Independent Living Skills:</b><br>(Click all that apply)      | <input type="checkbox"/> Taking care of belongings <input type="checkbox"/> Maintaining living area <input type="checkbox"/> Safety Skills <input type="checkbox"/> Money Management<br><input type="checkbox"/> Mobility skills <input type="checkbox"/> Accessing entitlements <input type="checkbox"/> Skills necessary for housing stability <input type="checkbox"/> Community awareness <input type="checkbox"/> Support to obtain and retain employment <input type="checkbox"/> Health promotion and training<br><input type="checkbox"/> Individual wellness self-management and recovery |
| <input type="checkbox"/> <b>Interactive Skills with Others:</b><br>(Click all that apply) | <input type="checkbox"/> Interactive skills with peers <input type="checkbox"/> Interactive skills with family <input type="checkbox"/> Interactive skills with adults   |
| <input type="checkbox"/> <b>Leisure/Social Skills:</b>                                    | <input type="checkbox"/> Community integration activities <input type="checkbox"/> Participation in activities <input type="checkbox"/> Developing natural supports  |
| <input type="checkbox"/> <b>Anger Management Skills:</b>                                  | Add info (if needed):  |
| <input type="checkbox"/> <b>Education:</b>  | Add info (if needed):  |
| <input type="checkbox"/> <b>Symptom Management:</b>                                       | Add info (if needed):  |
| <input type="checkbox"/> <b>Community/Family Resources:</b>                               | Add info (if needed):  |
| <input type="checkbox"/> <b>Other</b>   | Explain:   |

### LICENSCE MENTAL HEALTH PROFESSIONAL PROVIDING REFERRAL:

|                                |  |  |  |
|--------------------------------|--|--|--|
| <b>Name &amp; Credentials:</b> |  | <b>Agency/Organization</b>                               |  |
| <b>Street Address:</b>         |  | <b>Phone Number:</b>                                     |  |
| <b>City, State, Zip:</b>       |  | <b>E-mail Address:</b>                                   |  |
| <b>Signature/Date:</b>         |  | <b>Mental Health Treatment currently being Provided:</b> | <input type="checkbox"/> Outpatient Mental Health Services<br><input type="checkbox"/> Inpatient Mental Health Services<br><input type="checkbox"/> Residential Treatment Center |

Attach a "Professional Assertion of Need for PRP Services" and a copy of the current Treatment Plan.